

Red Ribbon Week

October 23-31, 2008

Suggestions for use in the secondary classrooms!

Listed below are some suggestions for promoting a healthy and drug-free lifestyle with your students. Some of the ideas are for a school-wide promotion, while others may lend better to a class or individual student task. For activities requiring rewards, use prizes donated by local businesses.

Introduce Red Ribbon Week by sharing the history of “Red Ribbon” week!
(See attachment)

Offer half price admission at a home ball game to anyone wearing a red ribbon.

Use your school mascot or choose a Special Red Ribbon Campaign mascot to dress up and spread your message throughout school or and after school event (ex: football game).

Make paper bricks, have each student put his or her name on one as a pledge to be drug free. Build a wall to “join together to be drug free”.

Have daily intercom/video messages that highlight the campaign activities for the day or deliver a message about the harmful effects of drug use.

Sponsor a contest (essay, poem, poster, theme song, etc.) for Red Ribbon week.

Set aside one day for students to make or renew their pledge to live drug-free.

Request that participants donate one can of food each for your “We Can All Say No to Drugs!” program. Then give the cans to a local agency that serves families in need.

Decorate every door in your school with messages that promote a drug-free lifestyle.

Have an anti-drug “Lip Sync” or “Rap” contest.

Have students make posters showing the negative effects drugs have on the body. Hang the posters around the school.

Have the students make anti-drug coloring sheets or comic books that can be sent to local elementary schools.

Inscribe names of teachers or students on red footprints affixed to a banner and place it in the front hall headlined, “Take a Stand on Drugs”.

Designate each day of the week with a “clothing theme” to celebrate the week. Be sure to get Administration approval.

“Sock it to Drugs” day—wear crazy socks

“Give Drugs the Slip”—wear slippers

“Shade out Drugs Day”—wear sunglasses

“Tie One on Against Drugs”—wear crazy ties

“Team Up Against Drugs”---wear your favorite team jersey

“Everyone wears red” Day

Ideas for use in the classroom:

Math:

*Discuss the percentage of people who die from drug or alcohol related incidents. Discuss if the percentage has increased or decreased over the years. Discuss the cost related to these incidents.

Language Arts:

*Write poems about the dangers of drugs, alcohol or tobacco or how they have affected people.

Science:

*Discuss the effects of tobacco, alcohol and drugs on the human body.

* Discuss environmental effects due to drug harvesting.

History:

*Discuss how drugs or alcohol may have affected historic events.

*Discuss the history of advertising for alcohol and tobacco.

*Discuss the historical use of drugs (ex.: Opium War).

Physical Education:

*Play Red Ribbon games and competition.

Health Education:

*Show drug free prevention videos.

Art Education:

*Make posters of the effects of tobacco, alcohol and drugs has on the body.

Intensive Reading:

*Choose non-fiction articles on tobacco, alcohol and drugs to read in small groups. Have small group discussions and presentations.

Elective Classes:

*Make word searches or crossword puzzles for classmates or for the local elementary schools.

Foreign Language:

*Discuss how the policies and laws are different in other cultures in regard to tobacco, alcohol and drugs.

Music:

*Discuss how tobacco, alcohol and drugs would affect the success of a musician.