

Red Ribbon Week

October 23 -31, 2008

Suggestions for use in the elementary classrooms!

Listed below are some suggestions for promoting a healthy and drug-free lifestyle with your students. Some of the ideas are for a school-wide promotion, while others may lend better to a class or individual student task. For activities requiring rewards, use prizes donated by local businesses.

Introduce Red Ribbon Week by sharing the history of “Red Ribbon” week!
(See attachment)

Distribute, (or design) Red Ribbons/Bracelets for each student to wear throughout the week. Have drawings during the morning announcements to reward students who are wearing their red ribbon.

(Include faculty and staff member’s names for this reward).

Distribute pledge posters for each classroom, or have each class design their own poster. Have each student sign or “red” thumbprint their agreement to the pledge and display in the classroom or hallway.

Sponsor a school-wide canned food drive – We “CAN” Say No to Drugs!

Designate each day of the week with a “clothing theme” to celebrate the week. Be sure to get Administration approval.

“Sock it to Drugs” day – wear crazy socks

“Tie One On Against Drugs” day – wear a crazy tie

“Don’t Let Drugs Sneak Up on You” day – wear sneakers

“Our Future is Bright Without Drugs” day– wear sunglasses

“Give Drugs the Slip” day – wear slippers

“Turn Your Back on Drugs” day – wear your shirt backward

“Team Up Against Drugs” day – wear your favorite team jersey

Ideas for use in the classroom:

Math:

- Have students estimate the number of “red” items in a container. (Use red jelly beans, Twizzler bites, Swedish Fish). Provide a benchmark for assistance in estimating.

Language Arts:

- Write a “kind” letter or poem to someone on campus. (This promotes self-esteem). Deliver the correspondence. Random drawing of entries could be rewarded.
- Write a poem/rap or song with a drug-free message. Winners could perform on morning announcements.

Science:

- Have students research and report on different drugs and their effects/consequences.
- Show movies/film clips on “Making Wise Choices”

Art Projects:

- Design a banner “Take a Stand on Drugs” – using red footprints/handprints for each class member.
- Design signs for the campus trash cans – “Drugs are Garbage”
- Encourage each student to decorate a “paper brick”. Use these bricks to build a “wall” on campus – “Join Together to be Drug Free”
- Have students design a bumper sticker or poster using their original “Drug Free” message